

CONDOM LINE-UP Game

GRADE

8+

LEARNER OUTCOME:

Participants will be able to describe the proper sequence of steps to ensure correct condom use.



MATERIALS:

CARDS: Two (or more) sets of cards with statements related to condom use.

ANSWER KEY: Possible solution for game.



INTRODUCTION:

Condoms are a barrier method of contraception and the only form of contraception, besides abstinence, that can provide protection from sexually transmitted infections (STI). People who are sexually active are encouraged to use a condom with each sex activity. Using a condom correctly and consistently may help reduce the risk of STI as well as pregnancy if that is a risk.



This game can also be played individually or in pairs by using small versions of the cards and laying them out on a table.



APPROACHES/STRATEGIES:

A. GROUND RULES (5-10 min)

Ensure ground rules are established before beginning this lesson. For classes that have already established ground rules, quickly reviewing them can promote a successful lesson.

B. GAME PLAY (20-30 min)

Teachers should ensure that there is adequate time left at the end of the game to debrief.

1. Divide group into two (or more) teams.
2. Each team is given a set of cards.
3. Each person on the team takes one card (or more if necessary).
4. Have each person read their card to their group.
5. As a team, the group decides which card is the first step in condom use. The person holding that card begins to form a line.
6. The group then decides which card goes next. The person holding that card takes the next place in line.
7. This process continues with each person lining up with cards in the correct order.
8. The first group to stand with their cards correctly in order wins.
9. The order may change depending on group discussion/decision.

Option

This game can also be played by taping the cards in order if the game is being played in a small space. The same rules apply. Line up the cards in correct order and tape to a board so everyone can see.

This game can also be played individually or in pairs by using small versions of the cards and laying them out on a table.

C. DISCUSSION (10 min)

- Use a new condom for every sex act
- Wrap condom in tissue after use
- Store condom in a cool, dry place. Never your wallet!
- Never “double bag” condoms. This causes friction and the condom is more likely to break
- Never use a condom twice
- Use only water-based lubricants.
- Condoms can be purchased at drug stores, retail stores, sexual health clinics and agencies
- Condoms provide good protection from STIs and unintended pregnancies



QUESTION BOX (10 min)

Have students fill out questions and address them next class.



Some students may wish to talk about same sex relationships and this may be uncomfortable and challenging for other students. You may wish to explore this topic further by using the CALM lessons *Sexual Diversity*.



SELF REFLECTION

During the lesson, were:

- Ground rules being followed?
- Good practices established regarding group work and discussion?

What will you change for future classes with this group?

What will you change for future use of this lesson?



STUDENT ASSESSMENT

During the lesson, did students:

Knowledge:

- Identify the proper sequence of steps to ensure proper condom use?
- Understand the importance of using a condom consistently and correctly for every sex act?
- Identify where to purchase condoms?

Skills:

- Work together to brainstorm the proper steps to using a condom?
- Exemplify appropriate terminology while speaking during class discussion?

Attitudes:

- Acknowledge the risks of STI and unintended pregnancy?
 - Acknowledge that abstinence is the only 100% safe method to prevent STI and pregnancy?
 - Establish comfort discussing condom use?
-

1. Alberta Education. (2002). *Health and life skills guide to implementation: Kindergarten to grade 9*. Retrieved from <http://www.education.alberta.ca/media/352993/pos.pdf>

Give consent to have sex



Talk to partner about STI AND pregnancy protection



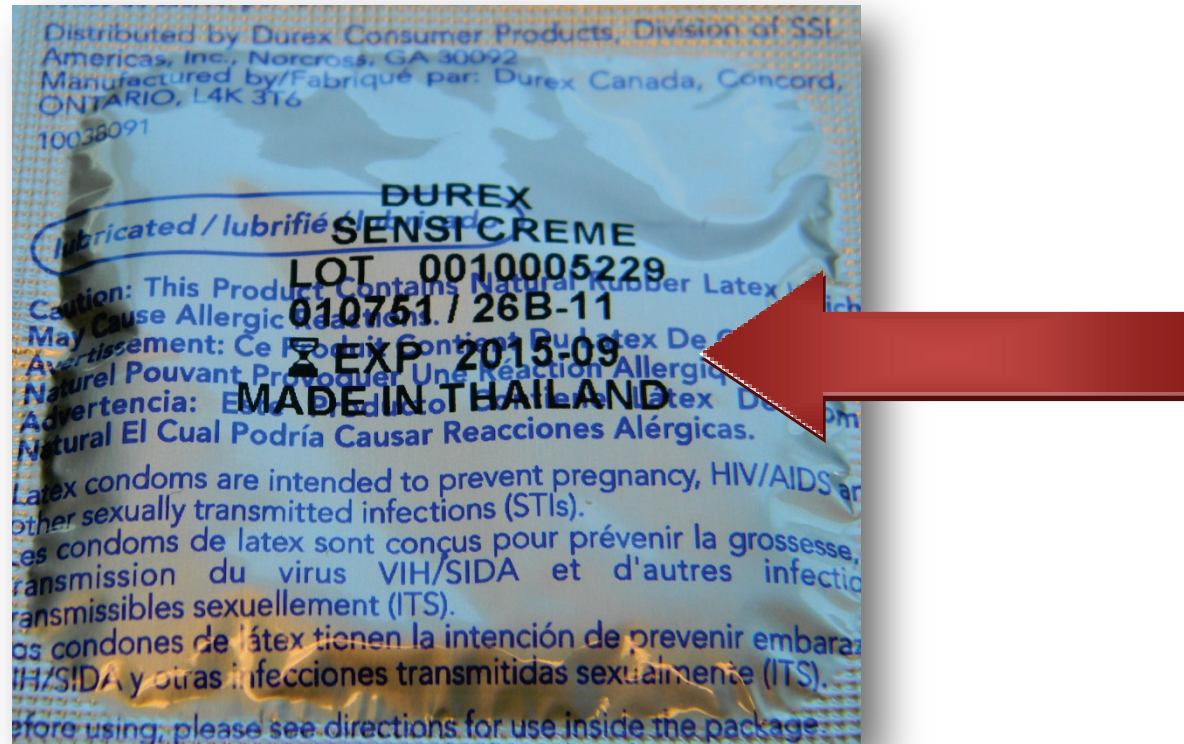
Buy/Get a condom



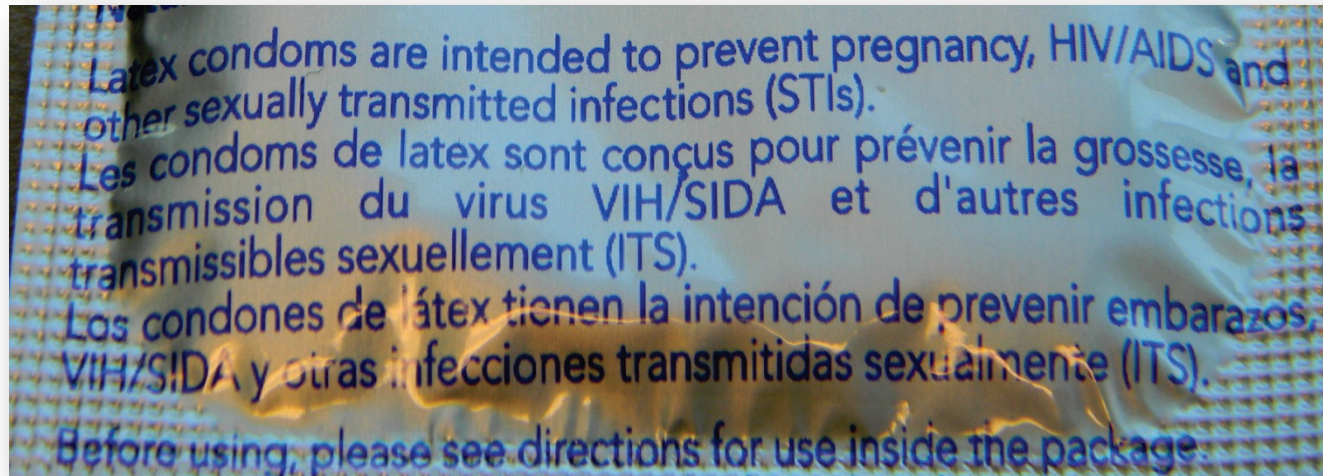
**Store condoms in a cool
dry place, away from light
and extreme temperatures**



Check expiry date



Check for writing on condom packaging saying that it provides STI/HIV protection



Check for holes in packaging by giving condom a gentle squeeze



Slide condom to the side of package and open carefully



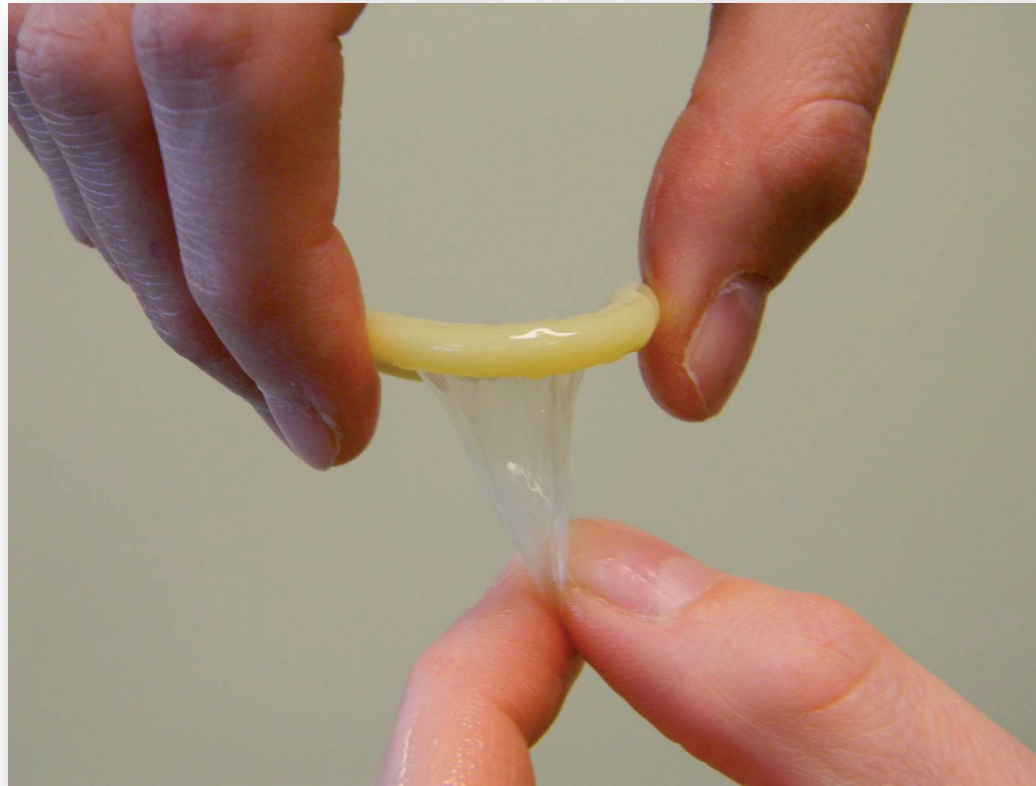
**Make sure the condom will
go on the right way
(a crease can be seen between the
condom and the roll)**



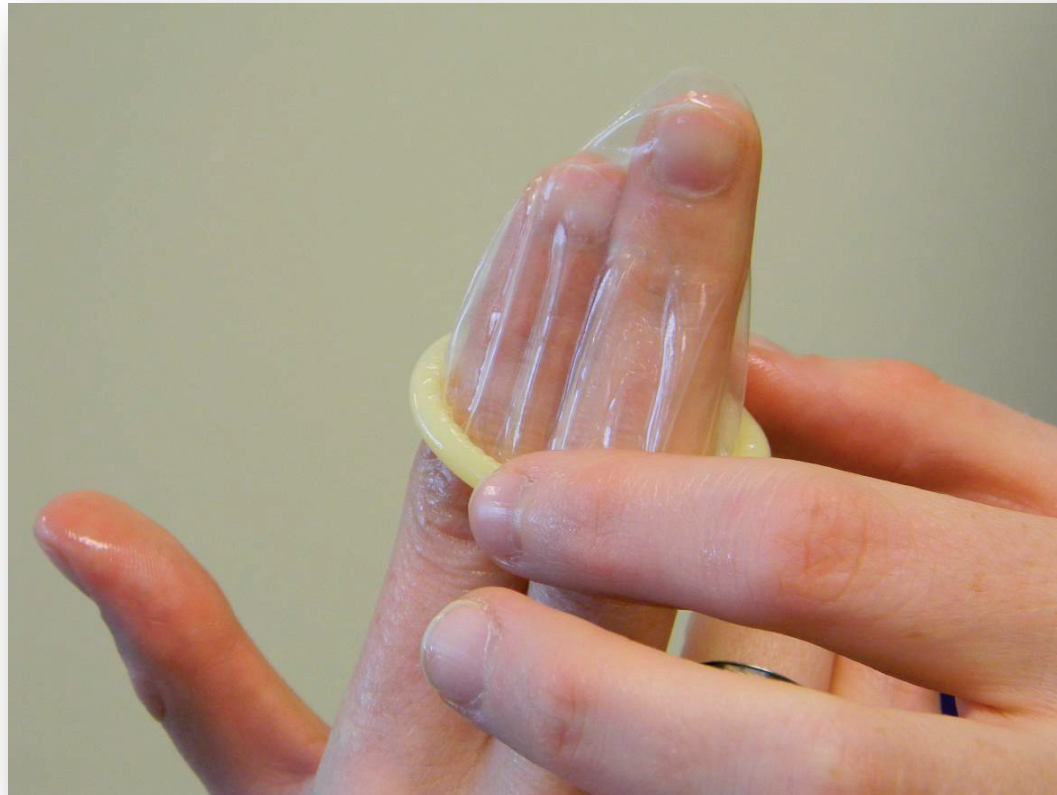
Use a drop of water or silicone based lubricant in the tip of the condom



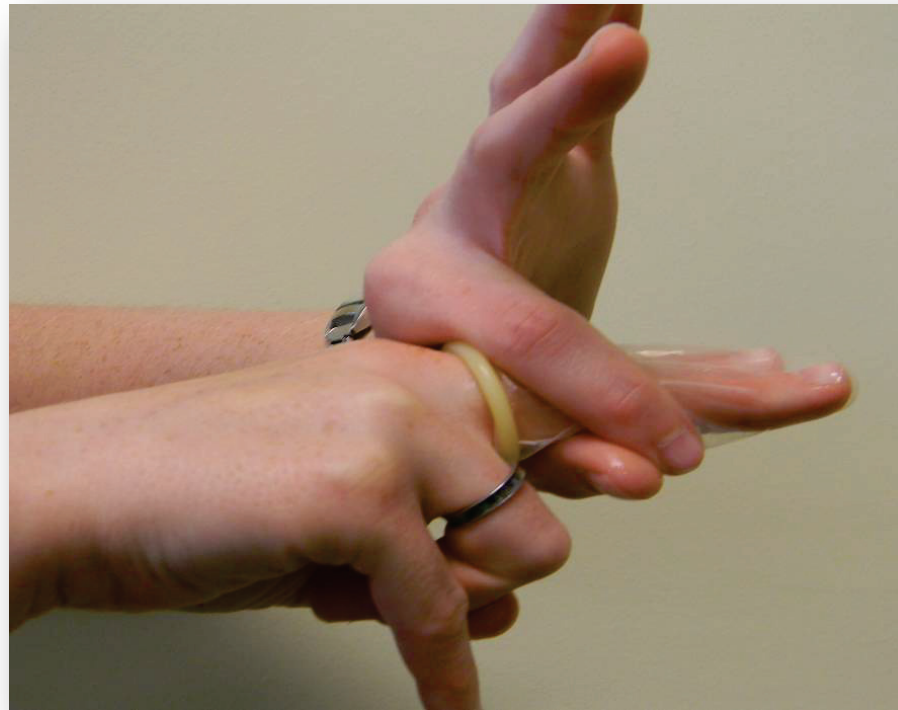
Pinch the tip of the condom



Unroll the condom down to the base of penis



Right after ejaculation, hold the rim of the condom in place and withdraw penis from the partner



Take condom off carefully to avoid spilling



Tie condom in a knot



Throw condom into garbage, not down the toilet



CONDOM LINE-UP ANSWER KEY

1. Give consent to have sex
2. Talk to partner about STI and pregnancy protection
3. Buy/ Get a condom
4. Store condoms in a cool, dry place away from light and extreme temperatures
5. Check expiry date
6. Check for writing on condom packaging indicating that it provides STI/HIV protection
7. Check for holes in packaging by giving condom a gentle squeeze
8. Slide condom to the side of package and open carefully
9. Make sure the condom will go on the right way (a crease can be seen between the condom and the roll)
10. Use a drop of water or silicone based lubricant in the tip of the condom
11. Pinch the tip of the condom
12. Unroll the condom down to the base of penis
13. Right after ejaculation, hold the rim of the condom in place and withdraw from the partner
14. Take condom off carefully to avoid spilling
15. Tie condom in a knot
16. Throw condom into garbage, not down the toilet