

Integrating Comprehensive School Health in Grade 9

Make sure you visit *Teaching Tools* to become more familiar with best practices in teaching sexual health.

Healthy School Policy

- Create school policies regarding disclosures of sexual assault, which respect the diverse issues.
- Understand how the Alberta Human Rights Act requires parental consent.

Social & Physical Environment

- *Ask an Adult, Puberty Changes* and *Advice Corner* require parental support.
- Students are encouraged to identify support people who can provide support through experiences of sexual pressure, and assault.
- *Communication Cards* can be made into posters to remind students about passive, aggressive and assertive communication, and practice assertive communication skills.
- Offer students appropriate pamphlets that outline the various forms of sexual assault, drug facilitated sexual assault and sexual exploitation.

GRADE 9

Partnerships & Services

- *Health Services Detective* encourages students to identify community services
- *Marlayne: A Case Study* activity has students identify how to support each other and to identify various support systems for the survivor of sexual assault.
- Be aware of diverse issues and refer students to appropriate support systems as needed.
- Invite a sexual health educator or a member of the police service to talk about sexual development or sexual assault.

Teaching & Learning

- Ensure instruction reflects the diversity that exists in your classrooms.
- Use Alberta Education Program of Studies.
- Role Plays: *Let's Talk about Condoms Effective/Ineffective*
- Use the interactive activities such as role-play, brainstorming, and discussion.