



**teaching  
sexual  
health.ca**

**Grade 9**  
Learning Activity

# **Responsibilities and Resources for Parenting**

## **Learning Outcome**

*W-9.13 identify and describe the responsibilities and resources associated with pregnancy and parenting.*

# Responsibilities and Resources for Parenting



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Read each question and circle the correct answer:

As they grow, a baby's schedule will remain the same each week.	True	False
Babies need their diaper changed between 6 and 12 times a day.	True	False
Some babies frequently cry for no obvious reason.	True	False
Babies frequently sleep through the night without waking up.	True	False
Having sex can lead to pregnancy, and having a baby is a big, life-changing responsibility.	True	False
Both parents are equally responsible for raising their child and legally responsible for supporting this child until the child is an adult.	True	False
Teen mothers are just as likely as teen fathers to have to raise a baby alone.	True	False
Choosing not to have sex or using birth control consistently and correctly reduces the likelihood of teen pregnancy.	True	False

On a scale of 1 to 10 (10 being a lot and 1 being nothing), how much do you know about taking care of a baby?

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Think about the responsibilities parents have and the resources that can support them. Write at least three responsibilities or resources in each category. For example:

- What basic needs does a parent need to provide for a baby?
- What resources do they have to meet those needs?
- What makes a healthy environment for a baby?
- What knowledge does a parent need to have, and how can they learn it?
- What are some sources of support available to new parents?

### Basic Needs

### Healthy Environment

### Knowledge

### Sources of Support

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## Think – Pair – Share

**Think** about this on your own. What are some sources of support available to teens who are pregnant or parenting?

**Pair** with someone and share your ideas. Jot down something new you heard.

**Share** your ideas with the class if you're comfortable.

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### Answer Key

	True	False
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## Possible Answers

### Basic Needs

- Food, clothing, shelter, transportation, child care, toys, medicine, school, etc.

### Healthy Environment

- The parents model healthy relationships and communication for their child.
- Provide a space free of substances and second-hand smoke

- How to care for their child during each stage of life
- The child's physical, emotional, medical, developmental, and social needs
- Parenting strategies that will help meet their child's need

### Knowledge

- Family, friends, community, church, school, government, health system, etc., can all help support families.

### Sources of Support

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