



**teaching
sexual
health.ca**

Grade 9
Learning Activity

Communicating about STBBI Protection

Learning Outcome

W-9.12 determine “safer” sex practices, e.g., communicate with partner, maintain abstinence, limit partners, access/use condoms/contraceptives properly

Communicating about STBBI Protection



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Grade 9

In the following scenarios:

- Underline each line when someone is using assertive communication.
- ~~Circle each line when someone is using passive communication.~~
- Double underline each line when someone is using aggressive communication.

Dakota and Lane

Dakota and Lane have been dating for several months and have gotten close to having sex. Dakota wants to use protection during sex.

Dakota: Lane, could I talk to you about something?

Lane: Sure Dakota, we can talk about anything. What is it?

Dakota: I want to talk about having sex.

Lane: Absolutely not! Talking about sex isn't very romantic.

Dakota: I'm sorry, I was just hoping we could talk.

Lane: Ya, let's not talk about that. Let's talk about what Kristal did in biology class.

Cyrel and Ikram

Cyrel and Ikram have been dating for several months and have gotten close to having sex. Ikram wants to use protection during sex.

Ikram: Cyrel, could I talk to you about something?

Cyrel: Sure Ikram, we can talk about anything. What is it?

Ikram: I want to talk about using protection during sex.

Cyrel: I mean, let's just see what happens.

Ikram: I think talking about sex is very romantic. It shows how much I care about you. I want us to be prepared if we decide to have sex - you know, use a condom.

Cyrel: You mean you want to use condoms?

Ikram: Yes, I care about both of us. I don't want us to take the chance of getting an STI.

Cyrel: Sure, let's talk.

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Teaching Sexual Health

Grade 9

Use what you've learned about assertive communication and protection to complete this conversation.

You know that your friend is planning on having sex. You want your friend to know that it is important to use a condom/dental dam for protection against STBBIs, and pregnancy if relevant.

You: I want to talk to you about protection. You are planning to use protection, aren't you?

Your friend: Who are you, the sex police? I don't know...that interrupts the moment.

You: No, I'm not the sex police. I'm just someone who cares about what happens to you.

Your friend:

You:

Your friend:

You:

Your friend:

You:

Your friend:

Communicating about STBBI Protection



Teaching Sexual Health

Grade 9

Suggested Answers

- underlined = assertive communication
- Circled = passive communication
- double underline = aggressive communication.

Dakota and Lane

Dakota and Lane have been dating for several months and have gotten close to having sex. Dakota wants to use protection during sex.

Dakota: Lane, could I talk to you about something?

Lane: Sure Dakota, we can talk about anything. What is it?

Dakota: I want to talk about having sex.

Lane: Absolutely not! Talking about sex isn't very romantic.

Dakota: I'm sorry, I was just hoping we could talk.

Lane: Ya, let's not talk about that. Let's talk about what Kristal did in biology class.

Cyrel and Ikram

Cyrel and Ikram have been dating for several months and have gotten close to having sex. Ikram wants to use protection during sex.

Ikram: Cyrel, could I talk to you about something?

Cyrel: Sure Ikram, we can talk about anything. What is it?

Ikram: I want to talk about using protection during sex.

Cyrel: I mean, let's just see what happens.

Ikram: I think talking about sex is very romantic. It shows how much I care about you. I want us to be prepared if we decide to have sex - you know, use a condom.

Cyrel: You mean you want to use condoms?

Ikram: Yes, I care about both of us. I don't want us to take the chance of getting an STI.

Cyrel: Sure, let's talk.

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