



teaching  
sexual  
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## Grade 9

### Learning Activity

# Communicating about STBBI Protection

## Learning Outcome

*W-9.12 determine “safer” sex practices, e.g., communicate with partner, maintain abstinence, limit partners, access/use condoms/contraceptives properly*

# Communicating about STBBI Protection

Grade 9



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## In the following scenarios:

- Underline each line when someone is using assertive communication.
- Circle each line when someone is using passive communication.
- Double underline each line when someone is using aggressive communication.

### Dakota and Lane

Dakota and Lane have been dating for several months and have gotten close to having sex. Dakota wants to use protection during sex.

**Dakota:** Lane, could I talk to you about something?

**Lane:** Sure Dakota, we can talk about anything. What is it?

**Dakota:** I want to talk about having sex.

**Lane:** Absolutely not! Talking about sex isn't very romantic.

**Dakota:** I'm sorry, I was just hoping we could talk.

**Lane:** Ya, let's not talk about that. Let's talk about what Kristal did in biology class.

### Cyrel and Ikram

Cyrel and Ikram have been dating for several months and have gotten close to having sex. Ikram wants to use protection during sex.

**Ikram:** Cyrel, could I talk to you about something?

**Cyrel:** Sure Ikram, we can talk about anything. What is it?

**Ikram:** I want to talk about using protection during sex.

**Cyrel:** I mean, let's just see what happens.

**Ikram:** I think talking about sex is very romantic. It shows how much I care about you. I want us to be prepared if we decide to have sex - you know, use a condom.

**Cyrel:** You mean you want to use condoms?

**Ikram:** Yes, I care about both of us. I don't want us to take the chance of getting an STI.

**Cyrel:** Sure, let's talk.



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*Use what you've learned about assertive communication and protection to complete this conversation.*

**You know that your friend is planning on having sex. You want your friend to know that it is important to use a condom/dental dam for protection against STBBIs, and pregnancy if relevant.**

**You:** I want to talk to you about protection. You are planning to use protection, aren't you?

**Your friend:** Who are you, the sex police? I don't know...that interrupts the moment.

**You:** No, I'm not the sex police. I'm just someone who cares about what happens to you.

**Your friend:**

**You:**

**Your friend:**

**You:**

**Your friend:**

**You:**

**Your friend:**



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### Suggested Answers

- underlined = assertive communication
- Circled = passive communication
- double underline = aggressive communication.

### Dakota and Lane

Dakota and Lane have been dating for several months and have gotten close to having sex. Dakota wants to use protection during sex.

**Dakota:** Lane, could I talk to you about something?

**Lane:** Sure Dakota, we can talk about anything. What is it?

**Dakota:** I want to talk about having sex.

**Lane:** Absolutely not! Talking about sex isn't very romantic.

**Dakota:** I'm sorry, I was just hoping we could talk.

**Lane:** Ya, let's not talk about that. Let's talk about what Kristal did in biology class.

### Cyrel and Ikram

Cyrel and Ikram have been dating for several months and have gotten close to having sex. Ikram wants to use protection during sex.

**Ikram:** Cyrel, could I talk to you about something?

**Cyrel:** Sure Ikram, we can talk about anything. What is it?

**Ikram:** I want to talk about using protection during sex.

**Cyrel:** I mean, let's just see what happens.

**Ikram:** I think talking about sex is very romantic. It shows how much I care about you. I want us to be prepared if we decide to have sex - you know, use a condom.

**Cyrel:** You mean you want to use condoms?

**Ikram:** Yes, I care about both of us. I don't want us to take the chance of getting an STI.

**Cyrel:** Sure, let's talk.



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