



teaching
sexual
health.ca

Grade 8

Learning Activity

Sexual Activity: Is it Risky?

Learning Outcome

W-8.13 Describe symptoms, effects, treatments, prevention for common sexually transmitted diseases; i.e., chlamydia, HPV, herpes, gonorrhea, Hepatitis B/C, HIV.



Sexual Activity: Is it Risky?

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Teaching Sexual Health

Read each situation. Decide the risk level for spreading or getting a sexually transmitted and blood borne infection (STBBI) for each activity. Place the card in that category:



Green Light: No risk for STBBI Transmission



Yellow Light: Lower risk for STBBI Transmission



Red Light: Higher risk for STBBI Transmission

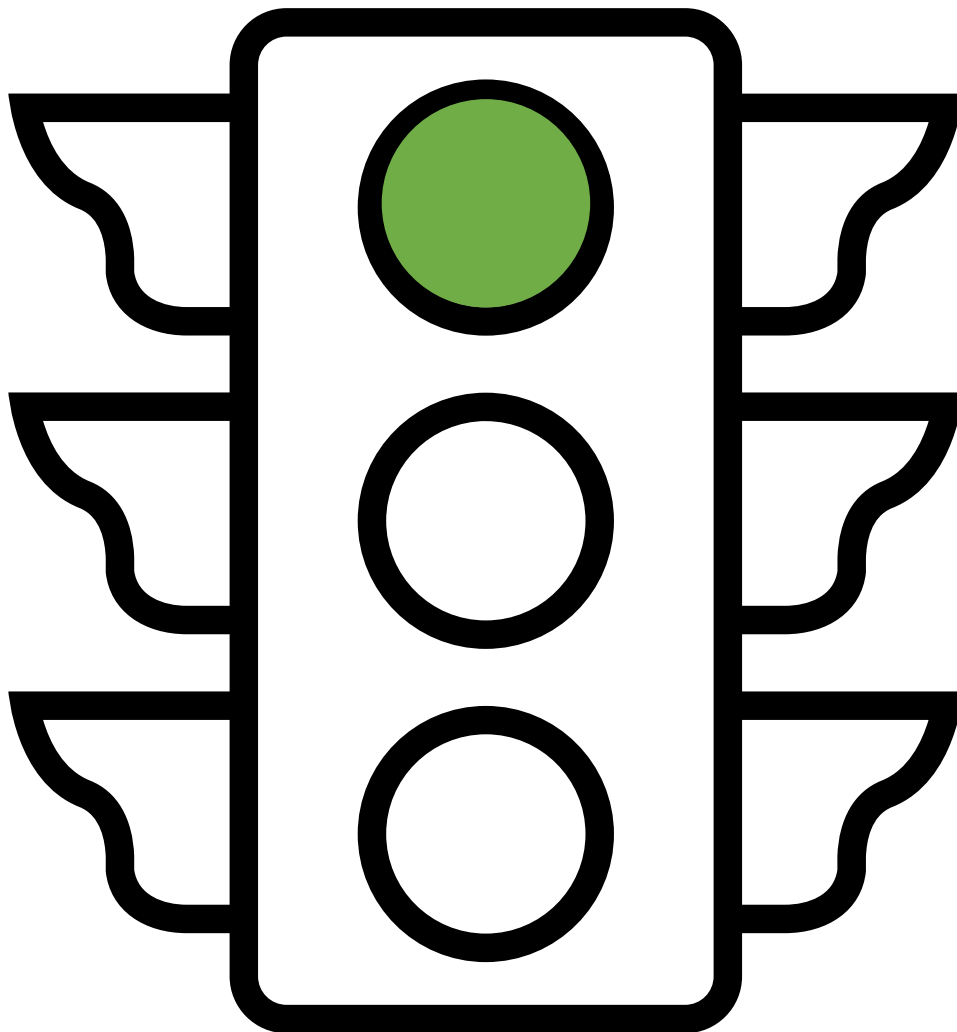




Place the activity cards that have no risk for STBBI transmission here.

Green Light

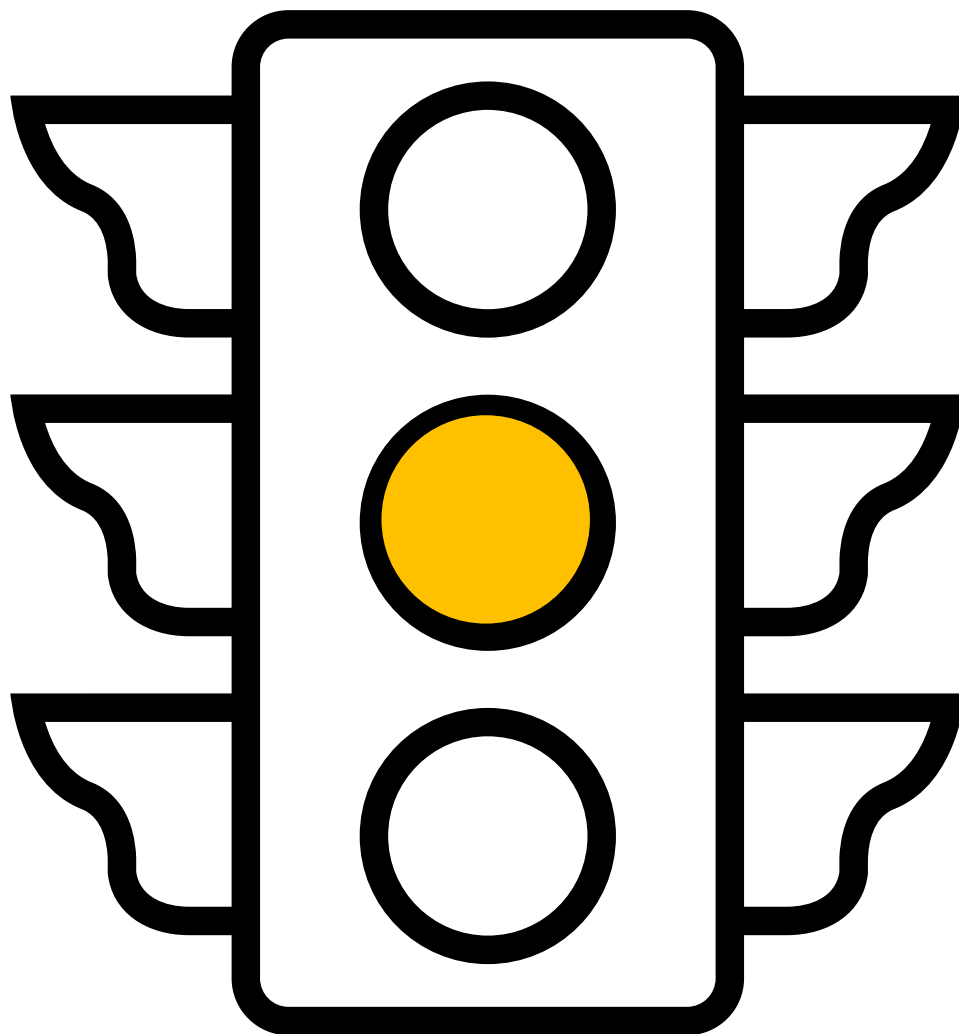
No Risk of STBBI Transmission



Place the activity cards that have a lower risk for STBBI transmission here.

Yellow Light

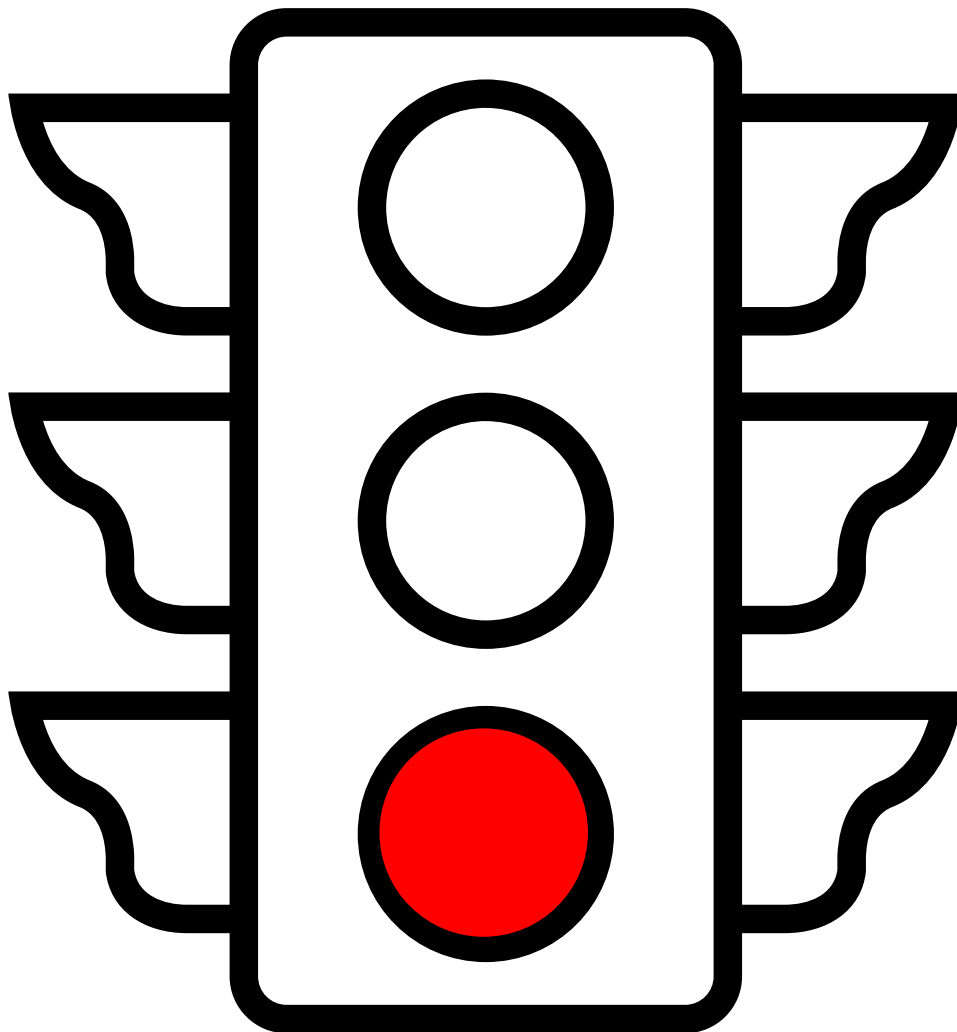
Lower Risk of STBBI Transmission



Place the activity cards that have a higher risk for STBBI transmission here.

Red Light

Higher Risk of STBBI Transmission





Activity Cards

Massage

Dry kissing

French kissing

Fantasizing





**Self-touching for sexual pleasure
alone or in front of a partner**

Hugging

Flirting

Sexting

**Sex with a condom/dental
dam**





Hand/manual sex

**Using the same
condom/dental dam twice**

Sharing needles

**Sharing personal items used
during sexual activity.**

**Using two condoms at the
same time**



Multiple sexual partners

Sex with only one partner (monogamy)

Oral, vaginal or anal sex without a condom
or dental dam



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Answer Key:

GREEN LIGHT	YELLOW LIGHT	RED LIGHT
NO RISK	LOWER RISK	HIGHER RISK
<ul style="list-style-type: none">• Massage• Dry kissing• French kissing• Fantasizing• Self-touching for sexual pleasure alone or in front of a partner• Hugging• Flirting• Sexting	<ul style="list-style-type: none">• Sex with a condom/dental dam• Hand/manual sex• Sex with only one partner (monogamy)	<ul style="list-style-type: none">• Oral, vaginal or anal sex without a condom/dental dam• Using the same condom/dental dam twice• Sharing needles• Sharing personal items used during sexual activity• Using two condoms at the same time• Multiple sexual partners



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