



teaching
sexual
health.ca

Grade 7

Learning Activity

Family Values

Learning Outcome

W-7.13 Examine the influences on personal decision making for responsible sexual behaviour.





The decisions you make about sexual activity will be based, at least in part, on your family values. Talking with supportive adults in your family can help you to consider your own values and help you make decisions about sexual activity.

Part 1: Ask a supportive adult

What three personal or family values would you like to share with me?

Part 2: Reflect on your own

Over the next five years, how can I use these values to make good decisions about sexual activity?





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