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**Grade 7**

Learning Activity

# Sticky Situations: Personal Decision Making

**Learning Outcome**

*W-7.13 Examine the influences on personal decision making for responsible sexual behaviour*



# Sticky Situations: Personal decision making

Grade 7



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Get into a group. Choose one of the following situations for your group to discuss. Complete the questions below.

## Situation 1

A bunch of friends have come over to your house. Your best friend has to go home, but your friend's partner, Chen, stays with a few others. As people begin to go home you realize that it is only you and Chen in the house. You have always had a secret crush on Chen, and now they seem to be flirting with you. What do you do?

## Situation 2

You are at a party that is winding down. You have been flirting with Mason and they seem to like you. Your parents are out of town, and Mason wants to go to your house after the party. However, you have a feeling that things could start to move too quickly for you once the two of you are alone. What do you do?

## Situation 3

You and Nuru have been together for two months. Nuru said in the past they aren't ready for sex. You are kissing, and Nuru says "Let's have sex." The two of you haven't discussed becoming sexually active yet. What do you do?



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## Sticky Situations Worksheet

Our group chose situation \_\_\_\_\_.

Describe the situation in your own words.

What are two possible choices someone could make in this situation?

*There is no right or wrong answer, think about things like setting a boundary, changing the environment, delaying the situation or talking it through.*

Option A:

Option B:



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What might happen next with each option?

Option A:

Option B:

What values might guide someone in making a choice here?

*(Think about things like safety, comfort, respect, boundaries, values, and personal readiness.)*



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What support or communication would help the person who is in this situation?

As a group, choose one option and act out what a healthy decision might look like.

Use this space to jot down notes.



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