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sexual  
health.ca**

**Grade 7**  
Learning Activity

# **Me vs Movie: Media Messages**

## **Learning Outcome**

*W-7.12 Identify the effects of social influences on sexuality and gender roles and equity;  
e.g., media, culture*

# Me vs Movie: Media Messages

Grade 7



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Movies and TV shows can include messages about relationships, gender roles, sexuality and other aspects of everyday life. This may or may not reflect reality.

1. Choose a show or movie that you like that includes characters your age and their life at home and at school.
2. Write the name of the show or movie at the top of the right-hand column.
3. Use the following chart to compare your life to the life of the characters represented by the show or movie.

<b>Me:</b>	<b>Show or Movie Title:</b>
My day at school:	Their day at school:
My after-school life:	Their after-school life:
My friends:	Their friends:

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<b>Me:</b>	<b>Show or Movie Title:</b>
My parents or other family members:	Their parents or other family members:
Gender roles at my house or school: (For example, <i>who does chores, makes decisions, or takes care of you</i> )	Gender roles in the show/movie:
How relationships or dating works for people my age:	How relationships or dating work for people my age in the show/movie:
What message does the show/movie send about relationships and sexuality? (For example, <i>are healthy relationships shown? Are characters respectful? Is consent talked about?</i> )	
Do these messages match what you believe is healthy? Why or why not?	

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