



**teaching  
sexual  
health.ca**

**Grade 6**  
Learning Activity  
**Beliefs About  
Reproduction**

**Learning Outcome**

*Students investigate human reproduction from fertilization to birth.*

# Beliefs About Reproduction

Grade 6



Teaching Sexual Health

Around the world, different cultures, religions and communities have their own beliefs about growing up, starting a family and having children. These beliefs can shape how people understand reproductive health.

In this activity, you'll ask a trusted adult about the beliefs or traditions they know of from their family, culture or religion.

1

## Step 1: Choose a Trusted Adult to Talk To

You can ask a parent, grandparent, caregiver, Elder, Knowledge Keeper or another trusted adult in your life.

2

## Step 2: Ask These Questions

You don't have to ask all the questions, just choose the ones that feel comfortable and interesting to you:

1. Were there any traditions or beliefs in your family or culture about puberty or growing up?
2. Are there any religious or cultural teachings about when or how people should start a family?
3. What messages did you hear when you were younger about having children or becoming a parent?
4. Do you think beliefs about reproduction have changed over time in your community?



Name: \_\_\_\_\_

3

## Step 3: Write or Draw What You Learned

Use this space to write or draw something that you learned from your conversation.

Something I learned:

Something that surprised me:

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