



teaching
sexual
health.ca

Grade 6

Learning Activity

Beliefs About Reproduction

Learning Outcome

Students investigate human reproduction from fertilization to birth.



Around the world, different cultures, religions and communities have their own beliefs about growing up, starting a family and having children. These beliefs can shape how people understand reproductive health.

In this activity, you'll ask a trusted adult about the beliefs or traditions they know of from their family, culture or religion.

1

Step 1: Choose a Trusted Adult to Talk To

You can ask a parent, grandparent, caregiver, Elder, Knowledge Keeper or another trusted adult in your life.

2

Step 2: Ask These Questions

You don't have to ask all the questions, just choose the ones that feel comfortable and interesting to you:

1. Were there any traditions or beliefs in your family or culture about puberty or growing up?
2. Are there any religious or cultural teachings about when or how people should start a family?
3. What messages did you hear when you were younger about having children or becoming a parent?
4. Do you think beliefs about reproduction have changed over time in your community?





Name: _____



Step 3: Write or Draw What You Learned

Use this space to write or draw something that you learned from your conversation.

Something I learned:

Something that surprised me:





© 2025, Primary Care Alberta, Student and Adult Health Promotion and Oral Health



This work is licensed under the Creative Commons Attribution-Non Commercial-No Derivative 4.0 International license. To view a copy of this license, see <https://creativecommons.org/licenses/by-nc-nd/4.0/>. You are free to copy and distribute the work including in other media and formats for non-commercial purposes, as long as you attribute the work to Primary Care Alberta, do not adapt the work, and abide by the other license terms. The license does not apply to Primary Care Alberta trademarks, logos or content for which Primary Care Alberta is not the copyright owner.

This material is intended for general information only and is provided on an "as is", "where is" basis. Although reasonable efforts were made to confirm the accuracy of the information, Primary Care Alberta does not make any representation or warranty, express, implied or statutory, as to the accuracy, reliability, completeness, applicability or fitness for a particular purpose of such information. This material is not a substitute for the advice of a qualified health professional. Primary Care Alberta expressly disclaims all liability for the use of these materials, and for any claims, actions, demands or suits arising from such use.

