



**teaching  
sexual  
health.ca**

**Grade 6**  
**Learning Activity**  
**Reproductive Decisions**

**Learning Outcome**

*Students investigate human reproduction from fertilization to birth.*

# Reproductive Decisions

Grade 6



Teaching Sexual Health

In Canada, every person has the right to make decisions about their reproductive health. That means people can choose if, when and how often they want to have children — or not at all.

These decisions are personal. There's no "right" answer, and many different factors can affect someone's choice.

1. Think about your own goals and future family plans. Do you want to have children one day? What factors might influence your decision?
2. Get into groups and read the short character profiles together.
3. Talk with your group about what's influencing each person's decision.
4. Answer the questions for each character.
5. Share your ideas with the class.



## Character Profile

Alex

Alex has been in a relationship for two years. Their partner wants to have a baby right now. Alex is wondering if they should wait a few years before trying to have a baby. They want to make sure they feel ready.

What decisions are they thinking about?

What factors might influence their decision? (e.g., age, health, money, support)

Who or what support could they look for to help with these decisions?

Is there one “right” choice? Why or Why not?



## Character Profile

Baran & Harper

Baran and Harper are having oral sex because they don't want to risk pregnancy. They are wondering if they should use condoms for STI protection but are embarrassed to buy them in a store.

What decisions are they thinking about?

What factors might influence their decision? (e.g., age, health, money, support)

Who or what support could they look for to help with these decisions?

Is there one “right” choice? Why or Why not?



## Character Profile

Kumi

Kumi is in a new relationship. They've started having sex. They are excited but also nervous. Kumi recently learned more about birth control and is wondering if they should start using it.

What decisions are they thinking about?

What factors might influence their decision? (e.g., age, health, money, support)

Who or what support could they look for to help with these decisions?

Is there one “right” choice? Why or Why not?



## Character Profile

Morgan

Morgan is in high school. They recently found out they are pregnant and weren't planning to have a child right now. Morgan is thinking about their options. They want to make the best decision for their future and are talking with people they trust for support.

What decisions are they thinking about?

What factors might influence their decision? (e.g., age, health, money, support)

Who or what support could they look for to help with these decisions?

Is there one “right” choice? Why or Why not?

# Reproductive Decisions

Grade 6



Teaching Sexual Health

© 2025, Primary Care Alberta, Student and Adult Health Promotion and Oral Health



This work is licensed under the Creative Commons Attribution-Non Commercial-No Derivative 4.0 International license. To view a copy of this license, see <https://creativecommons.org/licenses/by-nc-nd/4.0/>. You are free to copy and distribute the work including in other media and formats for non-commercial purposes, as long as you attribute the work to Primary Care Alberta, do not adapt the work, and abide by the other license terms. The license does not apply to Primary Care Alberta trademarks, logos or content for which Primary Care Alberta is not the copyright owner.

This material is intended for general information only and is provided on an "as is", "where is" basis. Although reasonable efforts were made to confirm the accuracy of the information, Primary Care Alberta does not make any representation or warranty, express, implied or statutory, as to the accuracy, reliability, completeness, applicability or fitness for a particular purpose of such information. This material is not a substitute for the advice of a qualified health professional. Primary Care Alberta expressly disclaims all liability for the use of these materials, and for any claims, actions, demands or suits arising from such use.