



teaching  
sexual  
health.ca

**Grade 6**

Learning Activity

# Birth Control Methods Review

Learning Outcome

*Students investigate human reproduction from fertilization to birth.*

# Birth Control Methods Review

Grade 6



Teaching Sexual Health

Name: \_\_\_\_\_

Use what you have learned about birth control to answer the questions below.



What is this birth control method called?

How does it work?

How effective is it?



What is this birth control method called?

How does it work?

How effective is it?



# Birth Control Methods Review

Grade 6



Teaching Sexual Health



What is this birth control method called?

How does it work?

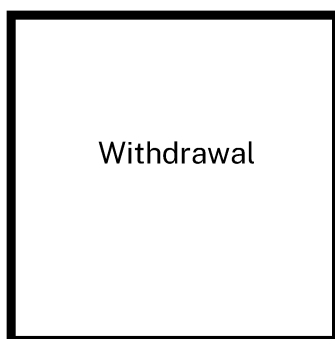
How effective is it?



What is this birth control method called?

How does it work?

How effective is it?



What is this birth control method called?

How does it work?

How effective is it?





## Answer Key



**What is this birth control method called?**

*External Condom*

**How does it work?**

*A thin covering that fits over a hard (erect) penis. Used every time you have sex.*

**How effective is it?**

*82% effective with typical use*



**What is this birth control method called?**

*Pill*

**How does it work?**

*Hormone pills that are to be taken every day. Each pill is taken at the same time everyday and a new pack starts every 28 days.*

**How effective is it?**

*91% effective with typical use*



**What is this birth control method called?**

*IUD (Intrauterine Device)*

**How does it work?**

*A small soft T-shaped device that is put in the uterus by a healthcare provider. Can be copper or hormonal. Works up to 3-10 years, depending on the type.*

**How effective is it?**

*99.9% effective with typical use*



**What is this birth control method called?**

*Abstinence*

**How does it work?**

*Making the decision to not do these types of sexual activity:*

- *Directly touching a partner's genitals*
- *Vaginal sex (penis to vagina)*
- *Anal sex (penis to anus)*
- *Oral sex (mouth to penis, anus or vagina)*

*Can be chosen at any time and can last as long as a person wants it to.*

**How effective is it?**

*100% effective with **perfect use***



Withdrawal

**What is this birth control method called?**

*Pulling out*

**How does it work?**

*The penis is pulled out of the vagina before ejaculation. Used every time with vaginal sex.*

**How effective is it?**

*78% effective with typical use*





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