



teaching
sexual
health.ca

CALM

Learning Activity

Accessing Condoms

Learning Outcomes

General Outcome 1: Personal Choices

Students will apply an understanding of the emotional/psychological, intellectual, social, spiritual and physical dimensions of health — and the dynamic interplay of these factors — in managing personal well-being.

Specific Outcome P12:

Examine aspects of healthy sexuality and responsible sexual behaviour.



1

Locate condoms

Visit a store in your community that sells condoms, or a community program that provides free or low-cost condoms to clients. This can be a drug store, grocery store, convenience store, STI clinic, sexual health resource centre, community or public health centre or a community agency. You can visit ahs.ca/srh for a list of programs and services in your area.

2

Speak with someone

Speak with someone at the store/clinic/agency and ask them to show you where the condoms are.

If the condoms are prominently displayed (like in a bowl on the counter) or in the regular store aisles, think of another question to ask the staff member, such as “what is the difference between the types of condoms?” The point is to actually speak to a person directly about condoms.

If you are uncomfortable talking to someone in person, feel free to call the store/clinic/agency to ask questions.

3

Take a picture

Take a picture of your hand and the condom/condom package to prove you completed the assignment. You do NOT need to buy or take a condom to complete this assignment.





4

Answer the Questions

Name of store/clinic/agency etc. that you visited: _____

Where were the condoms kept?

Could you have accessed the condoms without speaking to someone? Why or why not?

Did the person you spoke to seem approving or supportive of you accessing condoms? What made you feel that way?

If you needed condoms, would you go back to this place? Why or why not?





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