



teaching
sexual
health.ca

CALM
Learning Activity

Defining STBBIs

Learning Outcomes

General Outcome 1: Personal Choices

Students will apply an understanding of the emotional/psychological, intellectual, social, spiritual and physical dimensions of health – and the dynamic interplay of these factors – in managing personal well-being.

Specific Outcome P12:

Examine aspects of healthy sexuality and responsible sexual behaviour.

Defining STBBIs

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Teaching Sexual Health

Answer the following questions.

1. What do these acronyms stand for?

a. STI _____

b. BBI _____

c. STBBI _____

2. What is an STBBI?

3. What are 4 symptoms of STBBIs?

4. List 4 ways to prevent or reduce the chance of STBBI transmission.



5. Describe the role of shame and stigma in the transmission of STBBIs.

6. Describe a change you would like to see in your community that could reduce how many teens get STBBIs.



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