



teaching  
sexual  
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CALM

Learning Activity

# Sexual Consent

## Learning Outcomes

*General Outcome 1: Personal Choices*

*Students will apply an understanding of the emotional/psychological, intellectual, social, spiritual and physical dimensions of health — and the dynamic interplay of these factors — in managing personal well-being.*

*Specific Outcome P12:*

*Examine aspects of healthy sexuality and responsible sexual behaviour.*



Think of a movie or show that you enjoy and look for a clip that **shows sexual activity without consent**, between two people who know each other (not an attack by a stranger). Remember that sexual activity includes kissing, making out and touching, not just sex (anal, oral, vaginal or hand). Sexual activity without consent is sexual assault.

Answer these questions about the clip.

1. How do you know that both people have not consented to this activity?
2. Did the person who initiated the sexual activity clearly ask for consent? What words did they use?
3. Did both people clearly communicate what they wanted in this situation? Give examples of words or non-verbal communication that you observed.





4. Why do you think the sexual activity was portrayed this way in the show?

5. What societal norms, expectations or pressures contributed to why sexual consent was not asked for and received in this situation?

6. What could the people have done differently in this situation?





7. As a society, how can we talk about the importance of asking and receiving consent without blaming a victim for being assaulted?

8. What changes would you like to see in your community that could lead to a clearer understanding of consent?





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