

Porn, Sexting and Consent

Sex Ed for Today's Classroom

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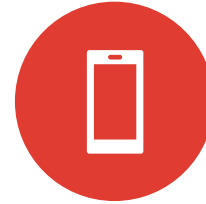
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Land Acknowledgement



Ground Rules



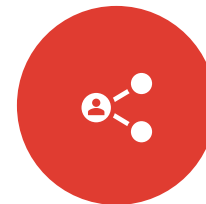
Put Away
Distractions



Ask questions
anytime



LOL



Confidentiality



Reserve the
right to change
your mind

Learning objectives

01

Appreciate how sexual health education expectations have changed

02

Describe porn, sexting and technology intersections with CSHE

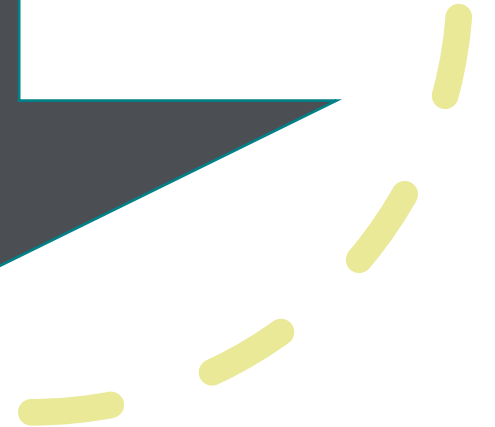
03

Understand SOGIE in relation to sexual health and welcoming, caring, safe and respectful schools

The goal

**Enhance
sexual health
and well-being**

**Reduce negative
sexual health
outcomes**



Comprehensive Sexual Health Education

How do we achieve this goal?





Share your experiences

What is different in today's sexual health education classrooms from 20 years ago?

Consent and Healthy Relationships

Key Messages

- Consent is positive, healthy and fun
- Starts with bodily autonomy
- How to ask for, give, withhold, withdraw consent and accept a 'No'



amaze

Technology & Media

Technology can have benefits:

- Increased access to information
- Connecting with relationship partners

AND challenges:

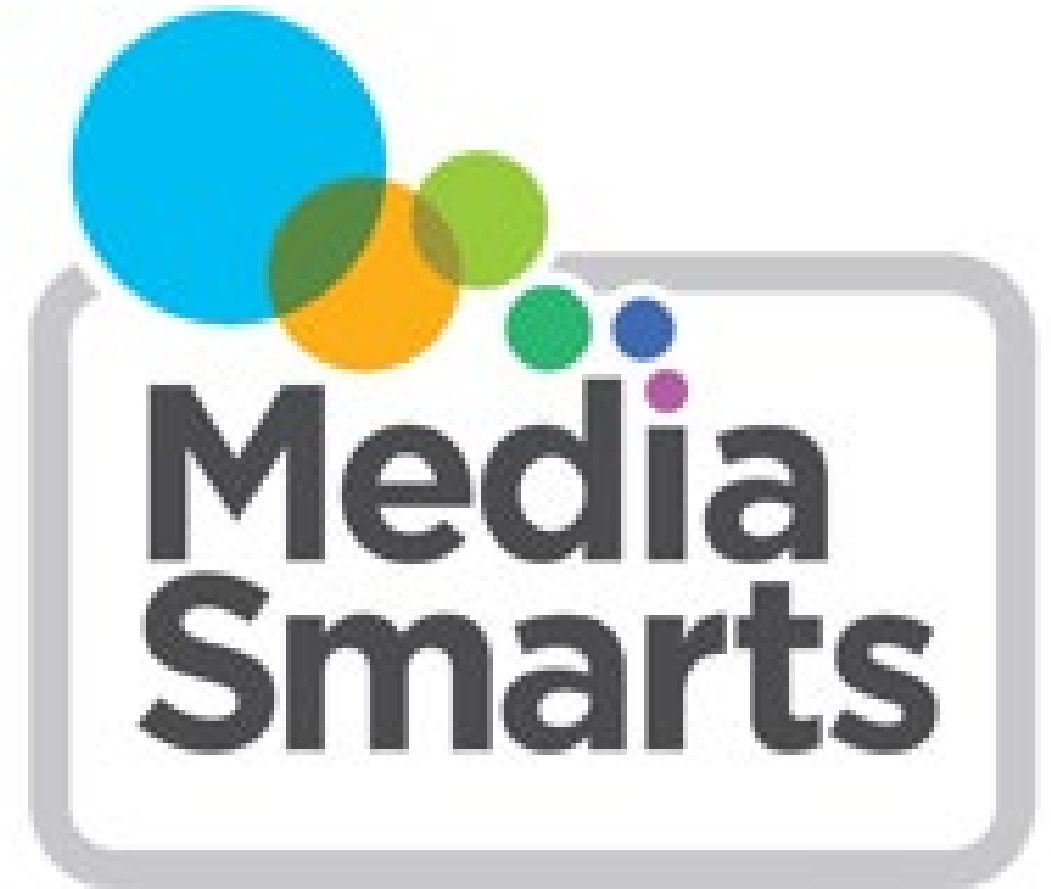
- Misinformation, disinformation
- Privacy concerns



Technology & Media

Key Messages

- Teach media literacy!
- Students need explicit instruction even though they have grown up with it
- Understand good vs inaccurate sources of info



Pornography

Poll:

Should porn literacy be included in sexual health education?

Kids experiences with porn



Pornography



Key Messages

- Isn't in the curriculum but is in kids lives, easily accessible
- Need to teach media literacy and good CSHE first
- Teach that porn is ACTING just like TV and movies
- What do you NOT see in porn? Consent, relationships, communication...

Pornography



Key Messages

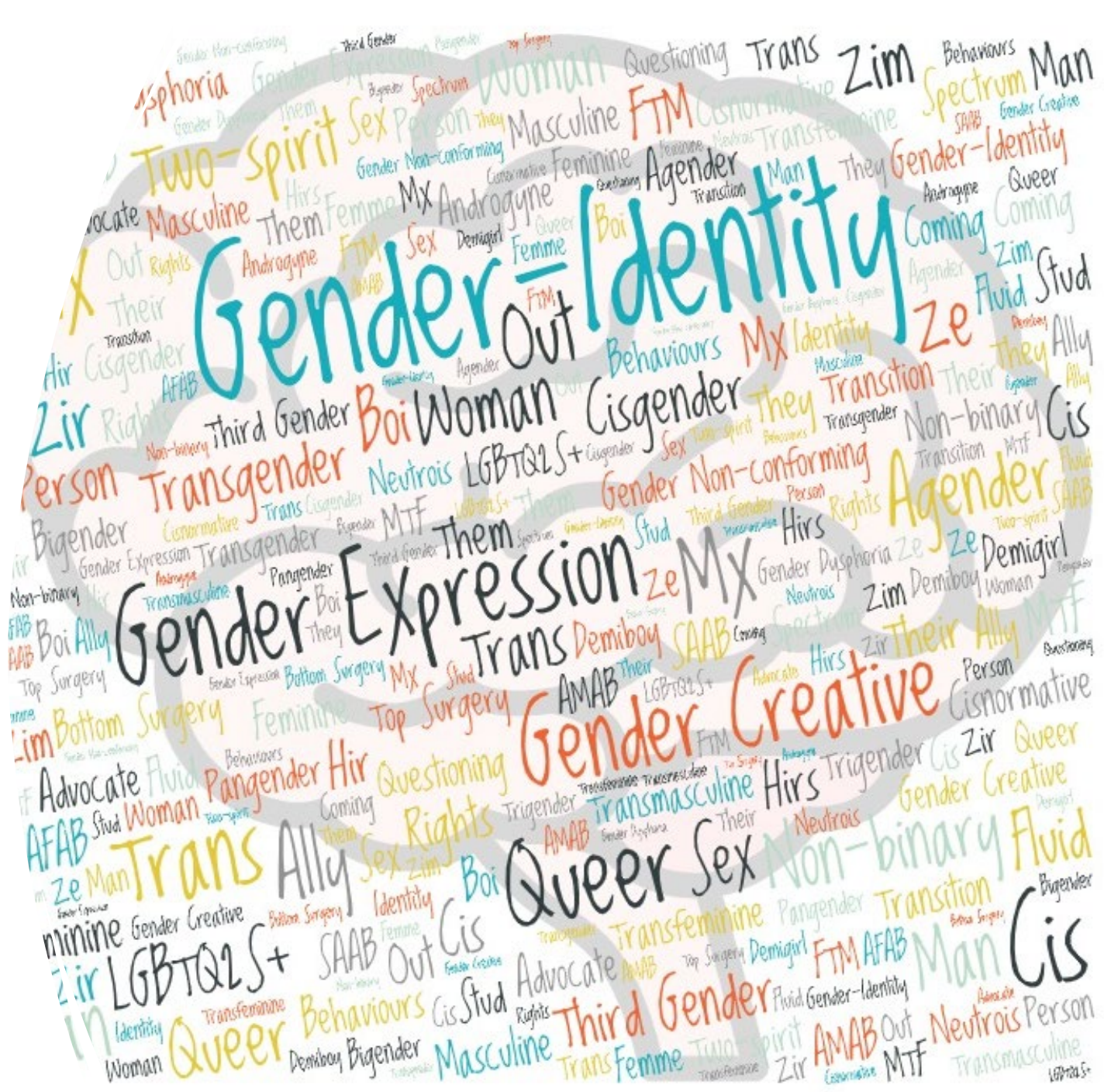
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SOGIE



Sexual
Orientation
Gender
Identity and
Expression



LGBTQ2S+ Inclusion

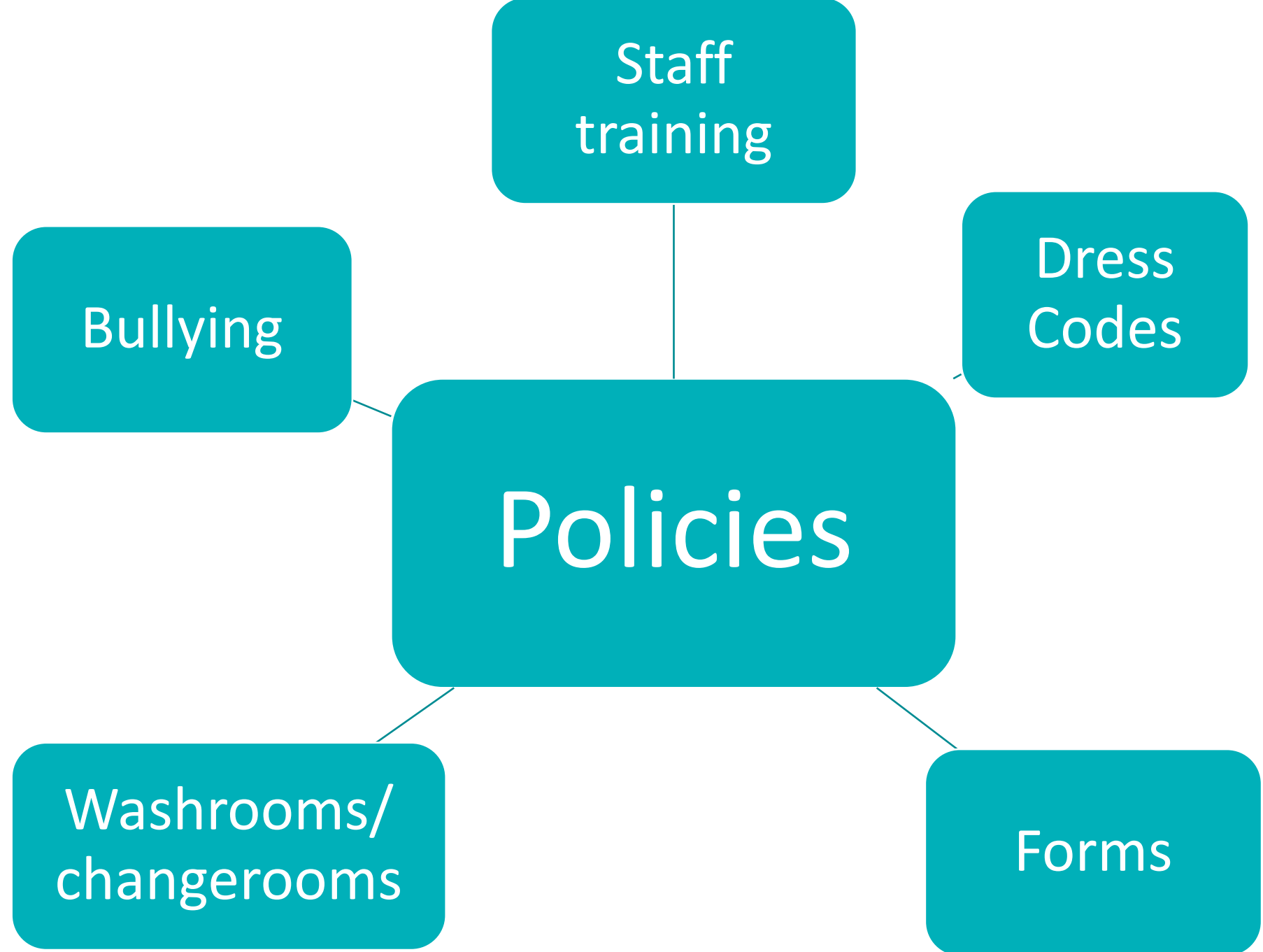


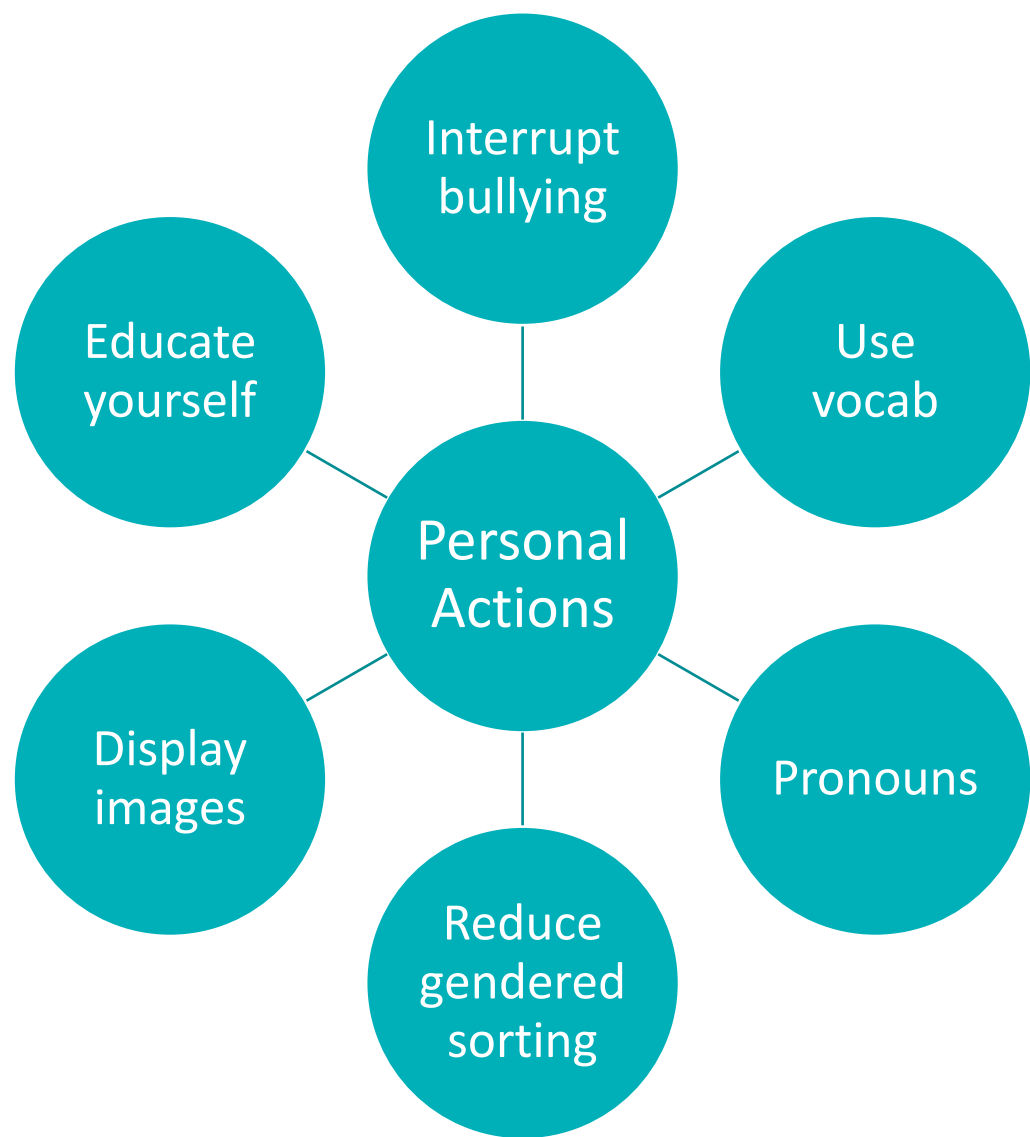


LGBTQ2S+ Inclusion

Sexual health classes:

- Keeping all genders together for learning
- Not making assumptions about people or parts based on gender identity
- Sex is broader than penis-in-vagina
- They/them pronouns and gender-neutral names in scenarios, examples





Upcoming Workshop

Teaching Sexual Health 101

Free
3-week asynchronous
online

Spring 2024





Questions?



Summary

- Consent & Healthy Relationships
- Technology & Media
- Pornography
- SOGIE

All have a place in comprehensive sexual health education



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sexual
health.ca**

Thank you!

For more information,
please contact

TSH@ahs.ca

Sex Ed for Today's Classrooms

Ground Rules

[Ground Rules - Teachers | Teaching Sexual Health](#)
[The Safe Zone Project](#)

Consent and Healthy Relationships

[Consent - Teachers | Teaching Sexual Health](#)
[Understanding Consent Video - Teachers | Teaching Sexual Health](#)
[Consent for Kids Video](#)
[Consent \(amaze.org\)](#)

Technology and Media

[Technology & Media - Teachers | Teaching Sexual Health](#)
[Gr 7 Lesson Plan: Gender, Body Image and Social Influences](#)
[Mediasmarts.ca](#)

Pornography

[Technology & Media - Teachers | Teaching Sexual Health](#)
[Porn Sex vs Real Sex: The Differences Explained With Food – YouTube](#)

SOGIE

[SOGI 1 2 3 / Alberta \(sogieducation.org\)](#)
[ATA - PRISM Toolkit Elementary Edition \(teachers.ab.ca\)](#)
[ATA- PRISM Toolkit Secondary Edition](#)
[Additional Resources - Teachers | Teaching Sexual Health](#)
[Pride Guide 2022](#)