Integrating Comprehensive School Health in Grade 8

Healthy School Policy
• Create school policies regarding sexual assault disclosures.
• Understand how the Alberta Human Rights Act requires parental consent.

Social & Physical Environment
• Feeling good at Home requires parental/adult support.
• Students are encouraged to identify support people who can provide help in decisions surrounding contraception, STI and awareness around abuse.
• Risky Behaviour cards and the Contraceptives Methods Chart can be made into posters and displayed around the classroom.
• Offer students appropriate pamphlets that outline methods of contraception, STI and on information regarding abuse.
• Display posters in your school that promote a healthy body image.

Partnerships & Services
• Health Services Detective encourages students to identify community services.
• Various activities encourage students to identify various support systems and build skills toward accessing support.
• Be aware of diverse issues and refer students to appropriate support systems as needed.
• Invite a sexual health educator to support your lesson about the various methods of contraception or STI.

Teaching & Learning
• Use Alberta Education Program of Studies.
• Use the interactive activities such as the Personal Worth role play, the STI Autograph game, brainstorming, and discussion.

GRADE 8

Adapted from: Alberta Health Services (2012). Comprehensive School Health: An Evidence-Based Approach for Creating Healthy School Communities.

Make sure you visit Teaching Tools to become more familiar with best practices in teaching sexual health.