In grade 6, integrating the topic of puberty into other subjects can enhance sexual health education. Examples include:

- Modelling healthy practices around helping someone who is bleeding in Physical Education. Students could also learn about the physical limitations of having a blood-borne infection by running around wearing ankle weights to mimic fatigue.
- Writing poetry about the miracle of life or the impact of a serious illness in Language Arts.
- Studying ways different cultures or religions celebrate pregnancy or the birth of a baby in Social Studies. To enhance blood-borne infection instruction, talk about the differences in treatment available to people living with HIV and AIDS throughout different parts of the world.
- Learning about fractions in Math can enhance the understanding of trimesters during pregnancy. Students could also study and solve problems or make graphs/charts using statistics about blood-borne pathogens.

Make sure you visit Teaching Tools to become more familiar with best practices in teaching sexual health.

Healthy School Policy
- Create school policies regarding used syringes or condoms found in the school yard.
- Create a policy to make first aid kits with latex gloves available to students in every classroom.
- Understand how the Alberta Human Rights Act requires parental consent.

Social & Physical Environment
- My Birth Story and Learning About HIV and AIDS and Hepatitis B and C require parental support.
- Students are encouraged to identify people who can provide support.
- Invite parents and community members to attend a sexual health information session prior to beginning sexual health instruction. See Prepare Parents and the Community.
- Student work from the activity promoting healthy fetal development could be displayed.
- Encourage students to find ways in which they can promote healthy fetal development and blood-borne infection prevention.

Partnerships & Services.
- Students can identify the support services available to promote a healthy pregnancy and that help prevent blood-borne pathogens.
- Invite guest speakers such as a teacher on staff who is expecting (father or mother) or a perinatal nurse or HIV nurse or physician to talk about healthy fetal development or blood-borne pathogens.

Teaching & Learning
- Use visual aids to explore fetal development.
- Use Alberta Education Program of Studies.
- Promoting Healthy Fetal Development encourages students to create positive messages about fetal development for different audiences.
- Use the interactive activities such as role-play, brainstorming, discussion, and digital media.
- Be aware of diverse issues and refer students to appropriate support systems as needed.

GRADE 6

Adapted from: Alberta Health Services (2012). Comprehensive School Health: An Evidence-Based Approach for Creating Healthy School Communities.