Integrating Comprehensive School Health in Grade 9

Social & Physical Environment
- Ask an Adult, Puberty Changes and Advice Corner require parental support.
- Students are encouraged to identify support people who can provide support through experiences of sexual pressure, and assault.
- Communication Cards can be made into posters to remind students about passive, aggressive and assertive communication, and practice assertive communication skills.
- Offer students appropriate pamphlets that outline the various forms of sexual assault, drug facilitated sexual assault and sexual exploitation.

Teaching & Learning
- Ensure instruction reflects the diversity that exists in your classrooms.
- Use Alberta Education Program of Studies.
- Role Plays: Let’s Talk about Condoms Effective/Ineffective
- Use the interactive activities such as role-play, brainstorming, and discussion.

Healthy School Policy
- Create school policies regarding disclosures of sexual assault, which respect the diverse issues.
- Understand how the Alberta Human Rights Act requires parental consent.

Partnerships & Services
- Health Services Detective encourages students to identify community services.
- Marlayne: A Case Study activity has students identify how to support each other and to identify various support systems for the survivor of sexual assault.
- Be aware of diverse issues and refer students to appropriate support systems as needed.
- Invite a sexual health educator or a member of the police service to talk about sexual development or sexual assault.

Adapted from: Alberta Health Services (2012). Comprehensive School Health: An Evidence-Based Approach for Creating Healthy School Communities.